#### **Client Intake Form**

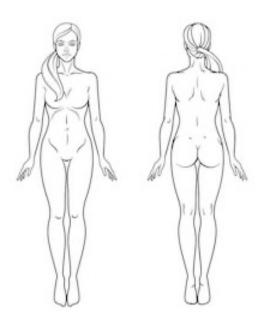
Please complete this questionnaire carefully.	The information you	u provide will assist in	creating a complete he	ealth profile for you.
All of your answers are	absolutely confident	tial. If you have any qu	vestions, please ask.  Date:	
Name:			Male or Female	
Phone (leave message yes or no):			DOB:	
Email:			Occupation:	
Address/City/State/Zip:				
Emergency Contact Name/Number/Relation	on:			
Physician's Name:			Phone:	
How did you hear about us?				
Main Complaint (symptoms, diagnosis, du	ration of condition,	etc.):		
Surgeries (please include date of procedu	re):			
Significant Trauma (auto accident, fall, psy	ychological, abuse,	etc.):		
Allergies (drug, food, chemical, environme	ental):			
Diet: Vegetarian Yes or No	Meals/Day:	Snacks:	Caffeine:	Alcohol:
Medications:				
Vitamin Supplements/Herbs:				
Exercise: Days/Week	Length of Workout:		Types of Activity:	
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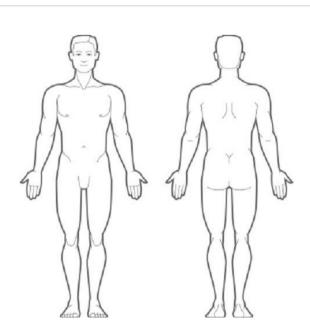
Use this space for any additional information that may be relevant, anything else you would like to express, or progress updates.

#### Health Questionnaire

lame:			Male or Female	Date:	
PERSONAL HISTOF	RY: Please circle any c	onditions or sympto	oms you have now.		
Arthritis	High/Low Blood Pressure	Cancer	Ulcer	Chronic Fatigue	Fibromyalgia/ Polymyalgia
Gastritis	Liver/Gallbladder Disease	Hypoglycemia/ Hyperglycemia	Diabetes	Seizures	Anemia
Lyme Disease	Asthma	Stroke	Kidney Disease	Food Allergies/ Intolerance	Hepatitis
Thyroid Imbalance	Chronic Pain	Infertility	Heart Disease	Elevated Blood Cholesterol	Diverticulitis/ Irritable Bowls
	Raynaud's Disease		Impotence	Emphysema	
Please circle if you	have had any of these	e symptoms listed in	the last three month	S.	
GENERAL:	Poor or Changes in Appetite	Chills	Cravings	Bleed/Bruise Easily	Muscle Weakness Fatigue
Poor Sleep	Night Sweats	Localized Weakness	Weight Loss/Gain	Strong Thirst (hot/ cold drinks)	Fatigue
Sweat Easily	Poor Balance	Peculiar Tastes/ Smells	Fevers	Tremors	Dental/Gum Problems
Skin & Hair:	Rashes	Eczema/Psoriasis	Skin Discoloration	Ulcerations	Dandruff
Acne	Hives/Allergic Dermatitis	Hair Loss	Changes in Skin/ Hair Texture	Itching	Face Flushing
Head, Ears, Nose, Throat:	Dizziness	Eye Strain/Pain	Color Blindness	Ringing in Ears	Nosebleeds
Headaches (When/ Where?)	Difficulty Swallowing	Facial Pain	Cataracts	Poor Hearing	Sore Throat/Colds
Dental Problems	Migraines	Poor Vision	Blurred Vision	Seeing Spots	Teeth Grinding
Jaw Clicks/Locks	Eye Glasses	Night Blindness	Earaches	Sinus Problems	Sores on Lips/ Tongue
Cardiovascular:	Chest Pain	Cold Hands/Feet	Shortness of Breath	Irregular Heartbeat	Swelling of Hands Feet
Varicose/Spider Veins	Palpitations at Rest	Blood Clots	Pressure in Chest	Fainting	Phlebitis
Respiratory:	Cough	Pneumonia	Difficult to Inhale/ Exhale	Coughing Blood	Pain with Deep Inhalation
	Phlegm	Asthma	Tightness in Chest	Bronchitis	Wheezing
Gastrointestinal:	Nausea	Gas	Indigestion	Bloating/Edema	Vomiting
Belching	Bad Breath	Chronic use of Laxatives	Acid Reflux	Diarrhea	Black Stools
Abdominal Pain/ Cramps	Rectal Pain	Hernia	Constipation	Blood in Stools	Hemorrhoids
anv other problems	in the categories list	ed?			

Urogenital:	Painful Urination	Incontanance	Impotence	Premature Ejaculation	Frequent Urination
Kidney Stones	Genital Sores	Decreased Libido	Blood in Urine	Urinary Tract Infection	Prostatitis
	Urgent Urination	Heavy/Sparse Flow	Burning Urination	Urine Leakage	
Gynecological/ Reproductive:	Painful Menses	Irregular Menstruation	Ovarian Cysts	Difficult Intercourse	Breast Lumps
Fibrocystic Breast Tissue	Fibroid Tumors	Infertility	Endometriosis	Menapausal/ PeriMenapausal	Pregnant
Musculoskeletal:	Neck Pain	Knee Pain	Hip Pain	Bursitis	Shoulder Pain
Back Pain - Lower	Back Pain - Middle	Back Pain - Upper	Sprains/Strains	Muscle Pain	Rotator Cuff
Hand/Wrist Pain	Sciatica	Muscle Weakness	Carpal Tunnel	Foot/Ankle Pain	Tendonitis
Neuropsychologic al:	Concussion	Easily Confused	Easily Susceptible to Stress	Poor Memory	Areas of Numbness
Lack of Coordination	Loss of Balance	Seizures	Vertigo/Dizziness	Bad Temper/ Irritable	Autism Spectrum Disorder
Anxiety/Panic Attacks	Bipolar Disorder	Depression	PTSD	Rage/Tantrums	Schizophrenia
Any other problems	not listed?				
Have you ever been to	reated for emotional p	roblems?			
Do you have a Spiritu	al Life?				
Have you ever conten	nplated or attempted	suicide?			
Have you been treated	d for substance abuse	e?			
Any other neurologica	al or psychological col	nditions? If yes, please	e explain:		
On a scale from 1-10,	indicate your satisfac	ction in family relations	hips.	Dissatisfied 1 2 3 4 5	6 7 8 9 10 Satisfied
On a scale from 1-10.	indicate your satisfac	ction in intimate relation	nships.	Dissatisfied 1 2 3 4 5	6 7 8 9 10 Satisfied
On a scale from 1-10,	indicate your satisfac	ction in working relation	nships.	Dissatisfied 1 2 3 4 5	6 7 8 9 10 Satisfied
PLEASE INDICATE A	ANY PAINFUL OR DIS	STRESSED AREAS	PLEASE INDICATE	ANY PAINFUL OR DIS	STRESSED AREAS





### **Brief Pain Inventory**

1. Throughout our lives, most of	us have	e had p	oain fr	om ti	me t	o time	e (su	ch as minor headaches, sprains, and toothaches).
Have you had pain other than	hese ev	veryday	/ kind	s of p	ain t	today	∕? Ye	s or No
2. Please rate your pain by circle	ng the r	numbei	r that	best	desc	ribes	your	pain at its <b>WORST</b> in the last 24 hours.
No Pain 0 1 2 3 4	5 6	5 7	8	9 1	10	Pain	as ba	nd as you can imagine.
3. Please rate your pain by circle	ng the r	numbe	r that	best	desc	cribes	your	pain at its <b>LEAST</b> in the last 24 hours.
No Pain 0 1 2 3 4	5 6	7	8 9	9 1	0 /	Pain a	as ba	d as you can imagine.
4. Please rate your pain by circle	ng the r	numbe	r that	best	desc	ribes	your	pain on the <b>AVERAGE</b> .
No Pain 0 1 2 3 4	5 6	7	8 9	9 1	0 /	Pain a	as ba	d as you can imagine.
5. Please rate your pain by circle	ng the r	numbei	r that	tells l	how	much	n pair	you have <b>RIGHT NOW</b> .
No Pain 0 1 2 3 4	5 6	7	8 9	9 1	0 /	Pain a	as ba	d as you can imagine.
6. What treatments or medication	ns are y	you rec	eiving	g for y	our	pain?	?	
7. In the last 24 hours, how muc	h relief	have p	ain tre	eatme	ents	or me	edica	tions provided?
Please circle the percentage b	elow tha	at most	t shov	vs ho	w mı	uch <u>R</u>	RELIE	<b>F</b> you have received.
Please circle the percentage b  No Relief 0% 10% 20%				vs ho		uch <u>R</u> 0%	<b>RELIE</b>	•
· -								•
· -	30%	% 40	%	50%	60	0%	70%	80% 90% 100% Complete Relief
No Relief 0% 10% 20%	30%	% 40	%	50%	60	0%	70%	80% 90% 100% Complete Relief
No Relief 0% 10% 20% 8. Circle the number that descri A. General Activity:	30%	% 40	% ig the	50% past	60 24 h	0% iours,	70%	80% 90% 100% Complete Relief
No Relief 0% 10% 20% 8. Circle the number that descri A. General Activity:	5 30% oes hov	% 40 w, durin	% ig the	50% past	60 24 h	0% iours,	70% , pain	has interfered with your:
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1 28  B. Mood:	5 30% oes hov	% 40 w, durin	% g the	50% past	60 24 h 8	ownours,	70% , pain	has interfered with your:
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:	6 30% oes how 2 3	% 40 w, durin 4 5	% g the	50% past	60 24 h 8	ownours,	70% , pain	has interfered with your:  Completely Interferes
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:	6 30% oes how 2 3	% 40 w, durin 4 5	% g the 6	50% past 7	60 24 h 8	0% nours, 9	70% , pain	has interfered with your:  Completely Interferes
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:	6 30% oes how 2 3 2 3	% 40 w, durin 4 5 4 5	% g the 6	50% past 7 7	8 8 8	9 9	70% pain 10 10	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  Does Not Interfere 0 1  Does Not Interfere 0 1	6 30% oes how 2 3 2 3	% 40 w, durin 4 5 4 5	% g the 6 6 de the	50% past 7 7	8 8 8	9 9 nd ho	70% pain 10 10	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  Does Not Interfere 0 1  Does Not Interfere 0 1	6 30%  Des hove  2 3  2 3  th work  2 3	<ul> <li>40</li> <li>w, durin</li> <li>4 5</li> <li>4 5</li> <li>k outside</li> </ul>	% g the 6 6 de the	50% past 7 7 e hon	8 8 8	9 9 nd ho	70% pain 10 10 10 ouse	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes  work):
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  D. Normal Work (includes both Does Not Interfere 0 1  E. Relations With Other People	6 30%  Des hove  2 3  2 3  th work  2 3	<ul> <li>40</li> <li>w, durin</li> <li>4 5</li> <li>4 5</li> <li>k outside</li> </ul>	% 6 6 6 de the	50%  past  7  7  e hon  7	8 8 8 8 8	9 9 nd hc	70% pain 10 10 10 ouse	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes  work):
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  D. Normal Work (includes both Does Not Interfere 0 1  E. Relations With Other People	309  Des hove  3  3  4  3  4  5  6  7  8  7  8  8  8  9  10  10  10  10  10  10  10  10  10	% 40 w, durin 4 5 4 5 k outsid	% 6 6 6 de the	50%  past  7  7  e hon  7	8 8 8 8 8	9 9 nd hc	70% , pain 10 10 10 00usev	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes  Completely Interferes  Completely Interferes  Nork):
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  D. Normal Work (includes book Does Not Interfere 0 1  E. Relations With Other People Does Not Interfere 0 1  F. Sleep	309  Des hove  3  3  4  3  4  5  6  7  8  7  8  8  8  9  10  10  10  10  10  10  10  10  10	% 40 w, durin 4 5 4 5 k outsid	6 6 6 6 6	50% past 7 7 e hon 7	8 8 8 8 8 8	9 9 nd hc	70% , pain 10 10 10 00usev	has interfered with your:  Completely Interferes  Completely Interferes  Completely Interferes  Completely Interferes  Completely Interferes  Nork):
No Relief 0% 10% 20%  8. Circle the number that descri  A. General Activity:  Does Not Interfere 0 1  B. Mood:  Does Not Interfere 0 1  C. Walking Ability:  Does Not Interfere 0 1  D. Normal Work (includes book Does Not Interfere 0 1  E. Relations With Other People Does Not Interfere 0 1  F. Sleep	5 30%  Des hove  2 3  2 3  th work  2 3  le:	w, durin  4 5  4 5  k outsid  4 5	6 6 6 6 6	50% past 7 7 e hon 7	8 8 8 8 8 8	9 9 nd hc	70% , pain 10 10 10 00 10 10	has interfered with your:  Completely Interferes  Completely Interferes